

South Shore 5 Public Health Alliance



Hanover, Marshfield, Norwell, Pembroke, Rockland

Building a Trusted Public Health Presence Across the South Shore

Public Health Excellence (PHE) funds have helped the South Shore 5 Public Health Alliance become a visible, approachable resource for residents, bringing health screenings, education, and lifesaving supplies directly into the communities it serves.

Bringing the Clinic to the Community

A blood pressure check at a health fair can be the first step toward catching a health problem early. The Public Health Nurses brought clinics into the community through health fairs, "Ask a Nurse" sessions, blood pressure and fall-risk screenings, and conversations about mental health. After identifying a need for home monitoring supplies through its blood pressure clinics, the Alliance partnered with the American Heart Association, which now provides blood pressure cuffs and educational materials for residents managing hypertension to take home.

Equipping Communities to Respond to Overdose

Every dose of naloxone distributed is a chance to save a life. The Alliance serves as a regional resource for overdose prevention and harm reduction, providing free naloxone, harm reduction supplies, and educational programming across all five communities. **Each training and each supply distributed means one more resident ready to step in and help when someone is in crisis.**



"The Public Health Excellence grant has demonstrated the power of regional collaboration. By partnering together as the South Shore 5 Public Health Alliance, we have been able to deliver health education, outreach initiatives, and community engagement that would be difficult for individual towns to provide independently. This expanded capacity allows us to ensure that residents of each community have greater access to the resources, programming, and support needed to address local public health needs and improve health and well-being."

Keri Ball, South Shore 5 Public Health Alliance Regional Public Health Nurse