Mill Towns Public Health



Ludlow, Palmer, Warren, West Brookfield

Giving Inspectors a Place to Learn From Each Other

No health inspector should feel like they are facing a tricky issue alone, and now they don't have to. The Mill Towns Environmental Working Group brings together Health Inspectors, Health Directors, and Health Agents from each community every other month alongside FRCOG Hub Trainers to **discuss common challenges and best practices, helping every community work from the same playbook.** The group has become a meeting people genuinely look forward to, **proof that peer support and shared problem-solving make a real difference for the professionals protecting public health every day.**



"As a new inspector, the Environmental Working Group has helped in tremendous ways to gain confidence and understand our job more thoroughly. It also provides opportunities to ask questions, share knowledge, and build positive working relationships with colleagues."

Tessa Obuchowski, Mill Towns Public Health Regional Health Inspector

Bringing Resources Directly to Ludlow Residents

Sometimes the hardest part of getting help is knowing where to look. With support from the Shared Service Coordinator, Ludlow's Health Department hosted a health fair in summer 2025, bringing together local health organizations to showcase resources on emergency preparedness, substance use, medication disposal, CPR classes, sharps disposal, and mental health. **The health fair connected residents directly to the services and information they needed, all in one place.**

"It was so amazing seeing so many organizations in one place, knowing that they all have one thing in common – that they work to improve the health and wellness of Ludlow residents in some capacity. The Ludlow Health Fair was a great event that connected community members to resources, and I can't wait to see how we can hold that space again next year and make it even better!"

Erin McMurray, Mill Towns Public Health Shared Service Coordinator

