

Middlesex-Essex Public Health Collaborative



Andover, Haverhill, Lynnfield, North Andover, North Reading, Reading

Connecting Families and Communities Across the Region

Through Public Health Excellence (PHE) funds, the Middlesex-Essex Public Health Collaborative has brought new and expecting families together while expanding outreach to residents of all ages across the six participating towns, building a stronger, more visible public health presence in the region.



Bump, Baby, and Beyond

Pregnancy and the early years of parenting can feel overwhelming, especially when you're not sure where to turn. **The Collaborative planned and hosted Bump, Baby, and Beyond, a free community health and resource fair for families expecting or parenting children from birth to age three**, connecting them with maternal and child health providers, local organizations, and trusted resources on health, wellness, safety, and early childhood. The event gave families a welcoming space to ask questions, build connections, and feel supported during one of life's biggest transitions.

Reaching Residents at Every Stage of Life

From high schoolers to seniors, the Collaborative worked to bring health information directly to residents wherever they already gather. The team hosted tabling events at the Lynnfield High School Health Fair, the Reading Health Fair, and Healthy Lynnfield, and presented on medication management and distracted driving at the North Andover Senior Center Conference. The Collaborative also developed fact sheets on emerging health topics like avian influenza and measles, **helping residents stay informed and protected as new health threats emerge.**



"Shout out to Lydia, Lea Anne, and Wafaa of the Middlesex-Essex Public Health Collaborative team for their involvement in the Town of Reading's Health Fair! The Collaborative loved connecting with community members to talk all things tick and mosquito safety. They had so many valuable conversations and handed out tons of educational resources, including their custom tick kits! Each kit is packed with essential tools like tweezers, alcohol swabs, band-aids, and clear instructions on how to safely remove a tick"

Andrew Shapiro, Asst. Town Manager, Director of Community Development, Town of North Andover