

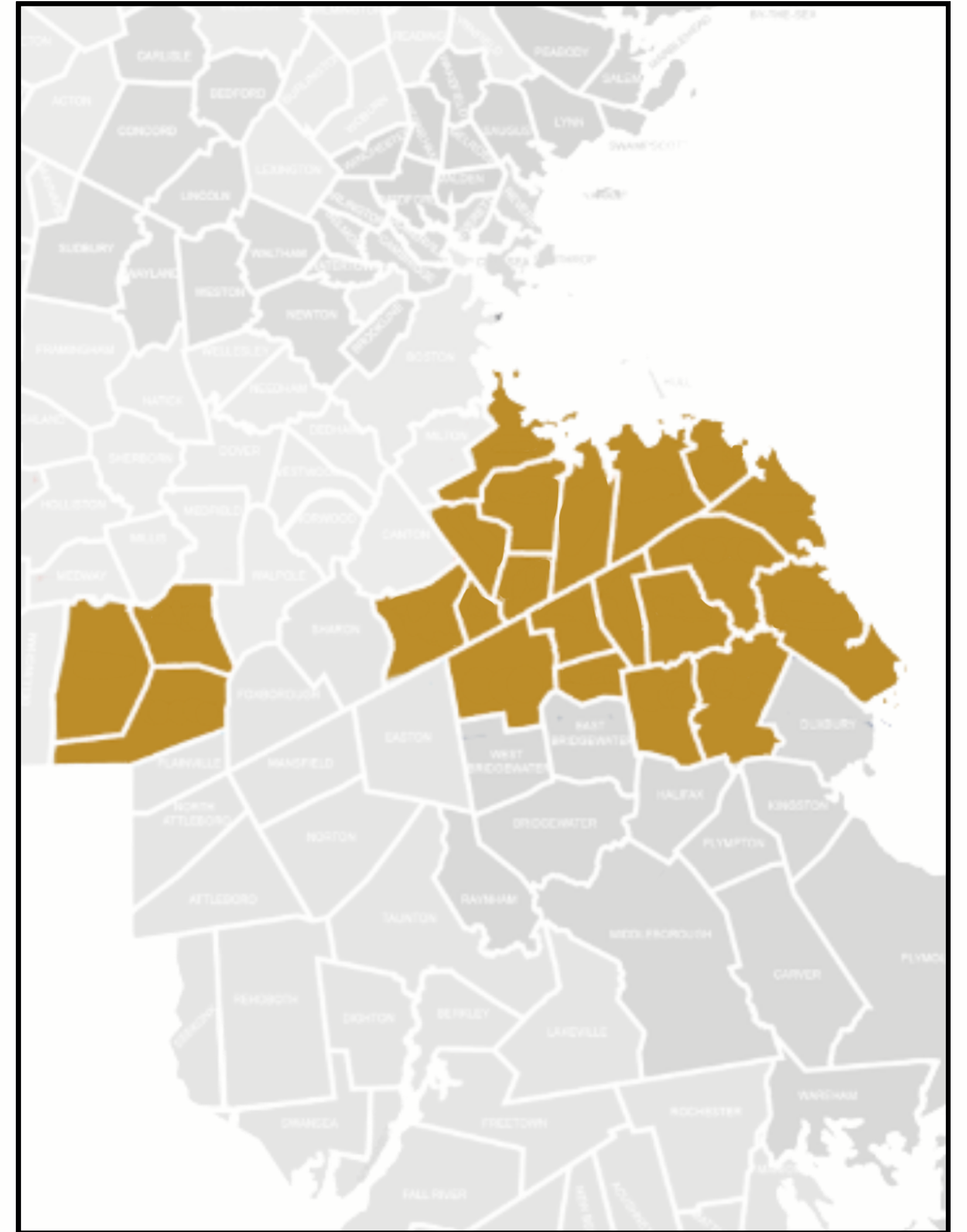
Metro South Public Health Alliance Training Hub

Raising the Standard for Public Health Practice

The Metro South Public Health Training Hub covers 23 municipalities within 5 Public Health Collaboratives, and other non-shared services communities in the region. **The Hub is helping environmental public health workers do their jobs well and safely.** Through hands-on training and technical support, the Hub is building a more skilled, consistent, and professional public health workforce across the region.

Investing in the Wellbeing of Health Inspectors

The job of a health inspector can take a toll that's not always visible. That's why the Hub launched a wellness and self-care training program across all the communities it serves, **helping municipal public health staff manage occupational stress, build healthy coping habits, and feel supported by a workplace culture that values mental health and wellbeing.**



Understanding the Toll of the Job

Environmental health fieldwork often means walking into someone's hardest moment. Housing inspectors, for example, frequently carry the emotional weight of serving eviction notices or entering hoarding environments, often bearing the brunt of a tenant's confusion, anger, or sadness with little time to recover before the next call. The wellness and self-care training program gives inspectors the tools to care for themselves while continuing to show up for the communities they serve.



“I appreciated having the opportunity to attend the Personal Safety and Security in the Workplace. As a Health Agent, we can be challenged at times when enforcing our regulations, causing pushback from all positions within the community. Sharing these experiences with other colleagues and then to have an expert explain how to handle these scenarios in a professional and safe manner was very helpful.”

Betty Nee, Hingham Health Department

