Eastern Hampden Shared Public Health Services



Hampden, Longmeadow, Monson, Wilbraham

Protecting Public Health through Inspection and Community Care

Public Health Excellence (PHE) funds have helped Eastern Hampden Shared Public Health Services protect residents through both prevention and direct care, from keeping food establishments safe to giving residents access to essential health screenings and disease monitoring.



Food Safety from Tables to Takeout

Health inspectors prevent foodborne illness before it ever reaches your plate, working quietly behind the scenes so residents rarely have to think twice about food safety. **Inspections take place across the Eastern Hampden region, from food establishments and food trucks to other food retailers, to ensure every meal and takeout order is safe.** In FY26 alone, inspectors completed 296 food establishment inspections.

Caring for Residents through Health Screenings

Every monthly screening clinic is a chance to catch a health concern early, and that is exactly what the Public Health Nurse has made possible for residents across the region. Hosting **monthly blood pressure and blood sugar screening clinics and coordinating vaccination days,** the Public Health Nurse has **increased access to early detection, health education, and ongoing support for managing chronic conditions.**





"We are four unique communities, but we share one common goal. Together, we are building a stronger infrastructure to keep every neighbor healthy, safe, and supported."

Ryan Paxton, Director of Eastern Hampden Shared Public Health Services