

# 413health



## Chicopee, Holyoke, South Hadley

### Caring for the Whole Community

Public Health Excellence (PHE) funds have helped 413health protect residents through stronger food safety inspections and new mental health resources, reaching communities through trained staff, updated tools, and active community partnerships.



### Closing the Food Inspection Gap

Every food establishment in Massachusetts must be inspected twice a year to keep communities safe from foodborne illness, but for small local health departments juggling multiple responsibilities, meeting that requirement isn't always easy. 413health **purchased inspectional software to standardize reporting and hired and trained full-time inspectors** to help meet state requirements. Shared services health inspectors stepped in to **bridge the gap for stretched local departments, inspecting 163 establishments Chicopee and 322 in Holyoke.**

### Bringing Mental Health Resources into Everyday Life.

Mental health support works best when people know where to find it. 413health hired a full-time Public Health Nurse to create educational, prevention-focused health messaging shared across all three communities, and **purchased CredibleMind, a self-help website for mental health and well-being.** To put the resource directly in residents' hands, 413health distributes QR code cards at Town Halls, libraries, and senior centers, and has partnered with organizations like Odyssey Clubhouse and Holyoke Medical Center to **weave it into everyday life, from job-readiness lesson plans to conversations about nutrition and mental health at community meals.**



"The Public Health Excellence Grant plays an essential role in strengthening public health infrastructure in South Hadley, Holyoke, and Chicopee. By enhancing collaboration, resource allocation, and program development, this ultimately improves health outcomes and the quality of life for residents in these interconnected communities."

Sharon Hart, South Hadley Director of Public Health

