

Established by the state legislature through Chapter 224 of the Acts of 2012, PWTF received \$60 million over four years, through funding from an assessment of health insurers and large hospital systems.

**The Quincy Weymouth Wellness Initiative, coordinated by Manet Community Health Center, received \$5.2 million as one of nine partnerships across the Commonwealth.**

### THE NEED

**Preventable and chronic health conditions continue to climb.**

Furthermore, health care inequities based on race, income, and geography are a persistent challenge. Quincy and Weymouth communities adjoin each other and share many cultural and social assets, institutions, and aspirations. They are also home to some of Massachusetts' most vulnerable and high-risk individuals and families.

**PWTF leverages a network of health care providers, community-based organizations, residents, leaders, and existing initiatives to bring a comprehensive approach to the prevention and management of hypertension, falls in older adults, tobacco use, diabetes, and substance use disorders.**

### CLINICAL PARTNERS

- Manet Community Health Center
- South Shore Hospital
- Granite Medical Group

### COMMUNITY PARTNERS

- Bay State Community Services, Inc.
- Enhancing Asian Community on Health (EACH)
- South Shore Elder Services, Inc.
- South Shore Workforce Investment Board
- South Shore YMCA
- City of Quincy (municipality)
- Town of Weymouth (municipality)

### QUINCY WEYMOUTH SNAPSHOT

Covers city of Quincy and town of Weymouth - 118,000 residents<sup>1</sup>

**Health Equity:** The Asian community comprises nearly 25% of Quincy's population.

**Hypertension:** 28.7% of adults have been told they have hypertension, which is also the statewide average.<sup>2</sup>

**Falls in Older Adults:** 11.1% of residents over age 65 have experienced a fall with an injury in the last 12 months vs. 10.1% statewide.<sup>2</sup>

**Tobacco Use:** 17.8% smoke regularly vs. 15.9% statewide.<sup>2</sup>

*"I feel very confident managing my health conditions now."*



Linda, CDSMP participant

## A COORDINATED APPROACH

The PWTF model implements evidence-based prevention approaches at a systemic level, which complements existing health care services and ongoing health care transformation efforts. PWTF focuses on extending care into the community through **clinical-community linkages**, while developing stronger evidence of effective prevention programming.



### CLINICAL

Identify high risk patients, treat them according to clinical guidelines, and refer them to prevention-based programming outside of the clinical setting.



### LINKAGE

Bridge services through warm hand-offs by Community Health Workers (CHWs) and electronic systems; build strong partnerships among clinical and community leaders.



### COMMUNITY

Evidence-based interventions at community-based and social service organizations, i.e., Chronic Disease Self-Management, Asthma Home Visiting, Tai Chi, etc.

## THE PARTNERSHIPS

PWTF supports a partnership that shares leadership among clinical, municipal, and community organizations.

**The coordinating partner (Manet Community Health Center) is responsible for building, monitoring, and maintaining a robust infrastructure of working relationships** that focuses on referral management, training, data collection and evaluation, and quality improvement.

## THE LOCAL IMPACT

Since implementing the program, the Quincy Weymouth Wellness Initiative **made over 1,328 referrals** from clinical sites to community organizations. PWTF is proving to be an essential component in the mission to improve health outcomes and combat health inequities in our communities.

With PWTF support, more than **100 new leaders for community wellness programs** have been trained and certified, including helping both municipalities enhance the capacity of their public health departments. These include many leaders who can offer classes in Chinese to address the needs of Quincy's large Asian population.

For more information, visit the QWWI website at [www.quincyweymouthwellness.org](http://www.quincyweymouthwellness.org).

1. US Census, American FactFinder. 2010 data. Prepared by MDPH.

2. Behavioral Risk Factor Surveillance System, CDC and Massachusetts Dept. of Public Health. 2011-2014 data. Prepared by MDPH. Grantee SAE covers three years to stabilize the small sample numbers.

Massachusetts  
Department of  
Public Health



Learn more at [www.mass.gov/pwtf](http://www.mass.gov/pwtf)